



ALPINE CLIMBERS
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RUINSARA LAKE

Gharwal, Uttarakhand

Trek Cost - **INR 12,000/-**

+ (5% GST) per pax



(Sankri to Sankri)

Overview

This lake is very sacred to the villagers of OSLA. The locals consider it auspicious and worship its waters. However its location and lovely approach translates it into a beautiful trek for youngsters and seasoned trekkers alike. The approach can be from the supin valley or from the tons river valley. The lake waters feed into the tons river. The final climb to reach the lake is a bit strenuous but the views are rewarding. Along with Ruinsara Taal and baraadsaar Taal this lake makes up the trio of easily accessible lakes in this region.

Height of the Trek

11,485 Feet

Vacation Style

12-45 Years Of Age

Camping Trek

Activity Level

Easy

Group Size

Medium & Large Groups

7 & 15

Duration

8 Days

Km

One Way

30 Km



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Short Itinerary

- ▲ **Day 1** - Dehradun to Sankri (Base Camp) - 210 Km
- ▲ **Day 2** - Sankri (Base Camp) to Cheludgad (Seema) via Taluka - 13 Km
- ▲ **Day 3** - Seema to Devsu bugyal - 6 Km
- ▲ **Day 4** - Devsu bugyal to Ruinsara Lake - 12 Km
- ▲ **Day 5** - Rest Day at Ruinsara Lake
- ▲ **Day 6** - Ruinsara Lake to Devsu bugyal - 12 Km
- ▲ **Day 7** - Devsu bugyal to Sankri via Taluka- 17 Km
- ▲ **Day 8** - Sankri (Base Camp) to Dehradun - 210 Km

Brief Itinerary

Day 1 - Dehradun to Sankri (Base Camp) - 210 Km (6400 Feet)

Assemble at the Dehradun Railway station by 6.30 AM. Our journey begins as soon as we hit the road from Dehradun. A long, yet enjoyable drive, whereby, we proceed to Kempty Falls, near Mussoorie, to enjoy a hearty breakfast. While our journey recommences, you will appreciate the company and the lovely views of the serpentine river Tons. Smell the fresh air whilst appreciating the leaves of the numerous pine trees swaying in the breeze as we pass by Purola. Driving by a place called Mori, nearing closer to Sankri, you will get a glimpse of the river Tons joining a glacial stream to become the river Supin. Before we reach Sankri, the last 22kms passes through the Govind National Park where one may be lucky enough to spot some wildlife. So keep your eyes peeled! As we approach Sankri at approximately 6 pm, you will be able to glimpse this quaint and quiet village which is now a hive of activity due to the trekking season.



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Brief Itinerary

Day 2 - Sankri (Base Camp) to Cheludgad (Seema) via Taluka - 13 Km (8890 Feet)

Today you shall trek to Seema. Along the way, you shall cross the Siyan Gad by bridge to reach Dhatmir village. Later you will cross the river towards the right side of Tons river. You shall have a spectacular view of lush green vegetation wild orchids, and if you are lucky may you may also have few encounter with the wild life of Himalaya like barking deer, Bore, Leopard etc. You shall reach Seema in the late afternoon, and many of you will have the first experiencing of enjoying the first night out under the sky in the tents... A bonfire snacks and may be some folklore and spooky stories shall occupy you for the rest of the evening before you enjoy a nice and hot freshly cooked dinner before going in to your sleeping cocoons with lots of unexplored dreams in your eyes.

Day 3 - Seema to Devsu bugyal - 6 Km (9845 Feet)

Trek Start to Devsu Bugyal on a gradual ascent that offers excellent views of the snow-covered mountains and vast valleys with huge waterfalls. The area is home to a number of rare species of Himalayan birds Animal and flowers, and is full of birch and spruce. After the last steep climb Devsu Bugyal camp site appears. Over night stay in tents.

Day 4 - Devsu bugyal to Ruinsara Lake - 12 Km (11485 Feet)

Ruinsara Tal is through, terraced mountain fields, lush green grassy lands and conifer forests through extremely scenic landscape. The gradient of the trek is moderate and one will be able to complete the trek in 5 – 6 hrs on arrival at the lake set campsite. The trail leads through mixed forest and meadows of forget-me-nots and buttercups. Halfway to the lake, the valley widens and crosses a series of flowered meadows where shepherds from the nearby villages graze their flocks in the summer. Ruinsara Lake is considered sacred by the surrounding villages. It is above the main valley floor on the true side, surrounded by alpine pastures and low rhododendrons beneath the impressive Swargarohini Range Camp. Dinner and overnight stay in tents.

Day 5 - Rest Day at Ruinsara Lake

A relaxed day to laze around and appreciate the magnificent view of the snow-clad peaks of the Swargarohini or walk towards the base camp of Bandarpunch Peak to catch a close-up of the magnificent mountain.

Day 6 - Ruinsara Lake to Devsu bugyal - 12 Km (9845 Feet)

After Breakfast, proceed down to camp at Dev Thach.

Day 7 - Devsu bugyal to Sankri via Taluka - 17 Km (6400 Feet)

After breakfast we will start trek to Taluka. Reach taluka by afternoon. Drive from Taluka to Sankri. Overnight stay in Sankri.

Day 8 - Sankri (Base Camp) to Dehradun - 210 Km

As we prepare to leave this wonderfully tranquil and divine region, we pack our bags with a heavy heart & say our final goodbyes over a healthy breakfast. Proceed to check out of the hotel by 8am, where your transport, a Tata Sumo, or similar, awaits you. As we travel back to Dehradun, treasure the unending vistas that lie all around you, while taking last minute photos. The journey of roughly 10 hours will keep you occupied with countless memories to take back and share with your loved ones. We have ensured that the trek has been paced in such a way that you have been provided with ample rest in order to make it an enjoyable experience. Once in Dehradun, part ways with your fellow trekkers, with the promise of experiencing yet another thrilling adventure with us.



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Inclusions

Whats included in this tour - Items that are covered in the cost of tour price.

- ⤴ All breakfasts, lunches and dinners from Sankri to Sankri (VEG)
- ⤴ All accommodation from Sankri to Sankri
- ⤴ All campaign equipments
- ⤴ Medical Kit
- ⤴ Professional Trek Leaders (Experienced Guide/Staff)
- ⤴ All forests permits

Exclusions

Whats excluded in this tour - Items that are not covered in the cost of tour price.

- ⤴ Travel insurance and other emergencies
- ⤴ Transport from Dehradun-Sankri & Sankri-Dehradun
- ⤴ All Meals from Dehradun-Sankri & Sankri-Dehradun
- ⤴ Mules (A Hybrid Animal) to carry personal luggage
- ⤴ Single room accommodations
- ⤴ Liquors, beers and bottled beverages
- ⤴ Photography accessories like cameras etc.

How to Reach

By Air

Jolly Grant Airport is the airport serving Dehradun, located about 25 km from the city. There is a daily flight from Delhi to Dehradun

By Train

Take the overnight train to Dehradun from Delhi

- ⤴ Nandadevi Express - Train no: 12205 (Departure 11:50pm; Arrival - 5:40am)
- ⤴ Dehradun Express - Train no: 12687 (Departure - 9:10pm; Arrival - 5:00am)

By Bus

There is regular bus service from Delhi for Dehradun from Delhi ISBT Kashmere Gate. Usually buses drop you at Dehradun ISBT. From there you have to come to Dehradun Railway Station.

- ⤴ Vehicles are available for pick-up from Dehradun Railway Station at 6:30am.
- ⤴ You will reach Sankri by 5:00 pm

Extra Cost

The transportation cost from Dehradun to Sankri and back will have to be borne by the trekkers, the total cost of transportation one way is ` 5,500/- (to be shared among 5-6 people, i.e approx ` 1,100/- per person one way) – to be paid directly to the driver.



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Things to Carry

- ^ 1 Pair of Thermal
- ^ 3 Pair of Socks + 1 Pair of woolen socks
- ^ 2 Pair of Hand Gloves (Water Proof & Fleece material)
- ^ Sun Cap
- ^ Woolen Cap
- ^ Neck Warmer (Scarf/Buff)
- ^ 2 Quick Dry Full Sleeves (T-Shirt)
- ^ 1 Full sleeves Fleece
- ^ 1 Wind Proof Jacket (windcheater/Heavy Jacket)
- ^ 2 Track Pants (No Cotton or Jeans)
- ^ Sun Glass
- ^ Sun cream, Lip balm, Moisturizer.
- ^ Torch
- ^ Trek Pole
- ^ Trekking Shoes (No Sports shoes or Woodland shoes)
- ^ Poncho (The Gear used to protect from Rain)
- ^ Day pack (Small one)
- ^ Back Pack 60 ltr (+ Rain cover)
- ^ 2 Water Bottles
- ^ Toilet Paper & Wet Wipes
- ^ Hand Sanitizer
- ^ Antibacterial Powder
- ^ Tooth Brush
- ^ Quick Dry Towel

Medicines to carry

- ^ Crocin (1 Strip)
- ^ Disprine (1 Strip)
- ^ Lomotive (1 Strip)
- ^ Digene (1 Strip)
- ^ Guaze
- ^ Dettol
- ^ Band Aid - Qty 5
- ^ Neusporine Powder
- ^ Betadine Tube
- ^ Vomistop/Avomine (Motion Sickness Tablet)

Contact Details

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